

Turkey Bolognese (Light & Delicious, Main Courses)

2 medium or 3 small zucchini spiralized
1 carrot grated
1 lb Ground Turkey
2 Tbsp olive oil
1 Tbsp Halladay's Harvest Barn Garlic Tomato Basil Dip and Seasoning Blend
1 jar of your favorite pasta sauce
1 Tbsp half and half or heavy cream

In a medium saucepan brown turkey and carrots in 1 Tbsp. olive oil. Add in Garlic Tomato Basil seasoning and the pasta sauce. Simmer for 15 to 20 minutes. Stir in cream just before serving.

When sauce is almost done, cook zucchini noodles in 1 Tbsp of olive oil for 1 to 3 minutes until slightly soft. Top with prepared sauce and serve immediately