

Mediterranean Meatballs (Light & Delicious, Main Courses, Appetizers)

- 1 lb. ground turkey
- 1 egg, beaten
- 1/2 apple, grated
- 1 Tbsp. Halladay's Roasted Garlic & Rosemary Seasoning

Preheat oven to 375°F. Combine all ingredients until well blended; season with salt and pepper if desired. Roll to form about 12 meatballs. Bake until cooked through, about 15 minutes.