

**Garlic & Rosemary Turkey Burgers** (Light & Delicious, Main Courses)



- 1 lb. ground turkey
- 1 carrot, shredded
- 1 small zucchini, shredded
- 1/2 cup mushrooms, chopped
- 1 Tbsp. Halladay's Roasted Garlic & Rosemary Seasoning

Preheat oven to 350°F. Combine all ingredients and mix well and form into patties. Bake, turning once, until cooked through, about 30 minutes.